



Everyone More Active More Often

Keeping you up to date with your local activities

A close-up photograph of a person's hands holding an orange basketball. The person is wearing a wheelchair, and their feet are visible in white sneakers on the pedals. The background is a light-colored wooden floor.

SPORT FOR ALL ABILITIES

ACTIVITY FINDER

Find your local opportunities...

SASSOT Activity Guide for young people with a disability or additional needs and their families in Staffordshire.

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IMPORTANT INFO

Keeping you up to date with your local activities

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STAFFORD ACTIVITIES

Keeping you up to date with your local activities

Inspire Multi Sport Club

Multi-Sport Sessions offer the chance to try fun skills, games and activities with friends and families.

Provider: Sports Across Staffordshire& Stoke-on-Trent

Venue: Stafford Leisure Centre

Lammascote Road, Stafford, ST16 3TA

Time: 10:00am-12:00pm

When: Fortnightly

Available to: 5-18 year olds.

Each Multi sport Session is run by a qualified coach. This activity is suitable for young people with a wide variety of disabilities and support needs. If any child or young person has complex needs, please let us know so the Provider can contact you with additional information to make sure the activity is right. Parents / Carers and siblings are welcome to attend.

Disabled toilets and changing rooms are available.

Don't worry about capacity, Inspire Sessions can support a large number of children and young people, and are happy to take bookings at the last minute.

Cost: There will be a charge of **£2 per session** if this is an additional activity to your Aiming High Free Activity Offer.

Stafford Gymnastics Club

Venue: Stafford Gymnastics Club (ST16 3DZ)

When: No set sessions yet but can evaluate individual cases and arrange a time slot.

Contact: Emma Hunt: emmahunt_4@hotmail.co.uk / 01785 251519 / 07863795999

Keeping you up to date with your local activities

Special Olympics

Venue: Winter – St Johns Primary School

Weston Road, Stafford, ST16 3RL

Summer – Rowley Park

Averill Road, Stafford, ST17 9XX

When: Saturdays

Time: 9:00am - 11:00am

Available to: 5+

Contact: Clive Gibson – clive.gibson@live.co.uk / 01785 604371

Disability Trampolining

Venue: Stafford Leisure Centre

Lammascote Road, Stafford, ST16 3TA

When: Sundays Fortnightly

Time: 30mins sessions (Times vary depending on age)

Available to: 3-16

Booking - Yes

Contact – Sports Development Team – sportsdevelopment@staffordbc.go.uk / 01785 619607

Keeping you up to date with your local activities

Ability Cricket

Venue: Moddershall Cricket Club

Barnfields, Spot Acre, Near Stone, Staffordshire, ST15 8RN

When: Thursdays

Time: 1:00pm-2:30pm

Available to: 8+

Booking Required: For more information please contact Steve Lightfoot

Cost: FREE

Contact: Steve Lightfoot – 07789265618

No charge when outdoors

CANNOCK

Keeping you up to date with your local activities

Chase Active Inclusive Cycling

Venue: Cannock Park (meeting outside Chase Leisure Centre)

Stafford Road, Cannock, WS11 4AL

Time: 11:00am-2:00pm

When: 1st Tuesday of the month

Available to: Open to all no matter what age or ability

Cost: Free

Booking: Upon arrival

Contact: Clive Gibson – clive.gibson@ihlmail.org / 01543 501519 / 07770537126

Activities for Adults with Disabilities

Activities for adults with disabilities, including swimming, trampolining, dance and gym.

Venue: Chase Leisure Centre

Stafford Road, Cannock, WS11 4AL

Time: 10:00am-3:00pm

When: Every Friday excluding Bank Holidays

Available to: Adults

Contact: Debbie Pearce – 01543 501520

Keeping you up to date with your local activities

Disability Open Swim

Venue: Chase Leisure Centre

Stafford Road, Cannock, WS11 4AL

Time: 6:30pm – 8:00pm (TEACHING POOL) under 8 years old

7:00pm – 8:00pm (MAIN POOL)

When: Every Tuesday

Available to: Adults

Cost: £4.90 (life style card - £2.45)

Contact: Clive Gibson – clive.gibson@ihlmail.org / 01543 501519 / 07770537126

Chase Leisure Centre – Disability Football

Venue: Chase Leisure Centre

Stafford Road, Cannock, WS11 4AL

Time: 4:00pm - 5:00pm

When: Thursdays (term time only)

Available to: 11-18 year olds

Contact: Debbie Pearce – 01543 501520

Keeping you up to date with your local activities

Rugeley Leisure Centre – Disability Swimming

Venue: Rugeley Leisure Centre

When: Thursdays (6:00pm – 7:00pm) / Saturdays (3:00pm – 4:00pm)

Available to: All ages

Contact: Joanne Pitt - rugeley@wlct.org

Additional Information: Admission policy applies – Please visit www.inspiringhealthylifestyles.org for more information

Rugeley School – Aikido Martial Arts

Venue: Rugeley School

When: Monday & Friday

Time: Various Times

Available to: 11-18 year olds

Cost: £4.00

Contact: Ray Sweeny - 07446503082

Keeping you up to date with your local activities

Chase Active Friday

Venue: Chase Leisure Centre

When: Fridays

Time: 10:00am - 3:00pm

Available to: 16+

Cost: £4.00

Contact: Clive Gibson – clive.gibson@ihlmail.org / 01543 501519 / 07770537126

G-Force Trampoline Club

Venue: Rugeley Leisure Centre

Time: Tuesdays: 6:00-7:20pm / 7:20-8:40pm

Fridays: 5:00-6:00pm / 6:00-7:00pm / 7:00-8:00pm

Age: Any age

Booking Required: To be added to the waiting list, please visit <http://gforcetgc.managemyclub.net/> and click 'Join waiting list'

Available to: Disability (Requirement to understand basic instruction)

Cost: Various (To be discussed upon booking)

Contact: Paul Coates (Head Coach) – 07809883235

Additional Information: Double mini trampoline and Gymnastics included

Keeping you up to date with your local activities

Walking for Health

Venue: Marquis Drive Visitor Centre, Brindley Heath Road, Cannock Chase WS12 4PW

When: Mondays

Time: 1:30pm (meet outside the café)

Available to: Open access no matter of age of ability

Cost: Free

Contact: Clive Gibson – clive.gibson@ihlmail.org / 01543 501519 / 07770537126 or Hettie.pigott@ihlmail.org / 079175050854

Additional Information: Walk : 30-60mins / moderate/uneven surfaces / stroll

Supporting people with disabilities and their carers to increase their physical activity levels

EAST STAFFS

Keeping you up to date with your local activities

Able Too Albion

A partnership between East Staffordshire Borough council, The Able Too Forum and Burton Albion Community Trust, providing juniors an opportunity to play football in an enjoyable environment, with the chance to play friendly fixtures throughout the season. .

Venue: Shobnall Leisure Complex , Burton, DE14 2BB

Time: 5:15pm-6:15pm (Excluding school holidays)

When: Thursdays

Available to: 5-15

Booking Required: No

Cost: £3.00

Contact: neil.brown@eaststaffsbc.gov.uk or 01283 508192

Inspire Multi Sport Club

Multi-Sport Sessions offer the chance to try fun skills, games and activities with friends and families.

Provider: Sports Across Staffordshire& Stoke-on-Trent in partnership with East Staffordshire District Council

Venue: Meadowside Leisure Centre

Time: 10:00am-12:00pm

When: Fortnightly Saturdays

Available to: 5-18 year olds.

Each Multi sport Session is run by a qualified coach. This activity is suitable for young people with a wide variety of disabilities and support needs. If any child or young person has complex needs, please let us know so the Provider can contact you with additional information to make sure the activity is right. Parents / Carers and siblings are welcome to attend.

Disabled toilets and changing rooms are available.

Don't worry about capacity, Inspire Sessions can support a large number of children and young people, and are happy to take bookings at the last minute.

Cost: There will be a charge of **£2 per session** if this is an additional activity to your Aiming High Free Activity Offer.

Keeping you up to date with your local activities

Powerchair Football

St Georges Knights is a club specifically designed for wheelchair users and is the only powerchair club in Staffordshire. Sessions are suitable for people with a powerchair or manual chair.

Venue: Meadowside Leisure Centre

Time: 6:00pm-8:00pm

When: Tuesdays

Available to: Open to all

Contact: jason.sgk@outlook.co.uk / 07805944462

Inclusive Cycling

Our Inclusive Cycling Centre offers the opportunity for disabled people, regardless of age, to ride a bike. The bikes we have available cater for all natures of disability and provide families with the opportunity to cycle together. The Cycling Centre is unique to Staffordshire and is open for anybody to come and cycle.

Venue: Shobnall Leisure Complex, Burton, DE14 2BB

Time: (Monday –Friday: 4:00pm – 6:00pm), (Saturday and Sunday: 10:00am- 12:00pm)

When: Monday - Sunday

Available to: Juniors and Adults

Booking Required: Yes (48 hours notice)

Cost: £2.60 (Half an hour)
£5.20 (Full hour)

Contact: neil.brown@eaststaffsbc.gov.uk or 01282 508180

Keeping you up to date with your local activities

Inspire Badminton Club

The Inspire Club runs immediately after the Inspire Multi-Sport Club. Participants have the opportunity to play Badminton under the guidance of a Level 2 coach.

Venue: Meadowside Leisure Centre

Time: 12:00pm-1:00pm

When: Fortnightly Saturdays

Available to: 5-18

Contact: neil.brown@eaststaffsbc.gov.uk or 01283 508192

Able Too Fun Games

Venue: Meadowside Leisure Centre

Time: 9:30am – 4:00pm

When: Sunday 17th September 2017

Available to: All

Booking Required: Yes

Cost: Free

Contact: neil.brown@eaststaffsbc.gov.uk or 01283 508192

Keeping you up to date with your local activities

Able Too Adult Club

Open to anyone aged 16 years and over take part in fun Inclusive physical and social activities. All abilities are welcome to join in the activities or have a chat with our staff over tea and coffee.

Venue: Uttoxeter Leisure Centre

Time: 10:30am-12:30pm

When: Thursdays

Available to: 16+

Booking Required: No

Cost: £4.00

Contact: neil.brown@eaststaffsbc.gov.uk or 01283 508192

Able Too Adult Club

Open to anyone aged 16 years and over take part in fun Inclusive physical and social activities. All abilities are welcome to join in the activities or have a chat with our staff over tea and coffee.

Venue: Meadowside Leisure Centre

Time: 11:00am – 1:00pm

When: Tuesday

Available to: 16+

Booking Required: No

Cost: £4.00

Contact: neil.brown@eaststaffsbc.gov.uk or 01283 508192

Keeping you up to date with your local activities

Disability Youth Club

Disability Youth Club running weekly every Monday night £2 per session, Parents/carers and siblings are also welcome to attend if they wish. One to one care cannot be provided.

Venue: Burton Albion Community Hub

Time: 6:00pm – 8:00pm

When: Monday

Available to: 16+

Cost: £2

Contact: healthbact@burtonalbionfc.co.uk

Burton Canoe Club

Para Canoe / Rowing

Venue: Meadowside Leisure Centre

When: Tuesday and Thursday evening (Summer)

Sunday morning (Winter)

Available to: 8+

Contact: info@burtoncanoecub.co.uk / 01283 526575

Keeping you up to date with your local activities

Able Too United

Venue: Meadowside Leisure Centre

Time: 6:30pm-8:00pm

When: Thursdays

Available to: 16+

Cost: £1.50

Contact: Neil Brown – neil.brown@eaststaffsbc.gov.uk / 01283 508192

Burton Albion Community Hub - Football

Venue: Burton Albion Community Hub

Time: 10:00am – 11:00am

When: Friday

Available to: 16+

Contact: John Widdowson – john.widdowson@burtonalbionct.org

Keeping you up to date with your local activities

Ability Cricket

Venue: Tutbury Cricket Club

Tutbury Mill off Bridge Street, Tutbury, DE13 9LZ

Time: 10:00am-11:00am

When: Saturdays Fortnightly

Available to: 8+

Booking Required: For more information please contact Steve Lightfoot

Cost: FREE

Contact: Steve Lightfoot - 07789265618

No charge if outdoors

LICHFIELD

Keeping you up to date with your local activities

Inspire Multi Sport Club

Multi-Sport Sessions offer the chance to try fun skills, games and activities with friends and families.

Provider: Sports Across Staffordshire & Stoke-on-Trent in partnership with Lichfield and District Council

Venue: King Edwards Leisure Centre

Time: 5:00pm-7:00pm

When: Fortnightly Thursdays

Available to: 5-18 year olds.

Each Multi sport Session is run by a qualified coach. This activity is suitable for young people with a wide variety of disabilities and support needs. If any child or young person has complex needs, please let us know so the Provider can contact you with additional information to make sure the activity is right. Parents / Carers and siblings are welcome to attend.

Disabled toilets and changing rooms are available.

Don't worry about capacity, Inspire Sessions can support a large number of children and young people, and are happy to take bookings at the last minute.

Cost: There will be a charge of **£2 per session** if this is an additional activity to your Aiming High Free Activity Offer.

G-Force Trampoline Club

Venue: Friary Grange Leisure Centre

Time: Fridays: 5:00-6:00pm / 6:00-7:00pm / 7:00-8:00pm /
8:00pm-9:00pm

Age: Any age

Booking Required: To be added to the waiting list, please visit <http://gforcetgc.managemyclub.net/> and click 'Join waiting list'

Available to: Disability (Requirement to understand basic instruction)

Cost: Various (To be discussed upon booking)

Contact: Paul Coates (Head Coach) – 07809883235

Keeping you up to date with your local activities

Ability Cricket

Venue: Lichfield Cricket Club

Collins Hill, Eastern Avenue, Lichfield, WS13 7SQ

Time: 5:45pm-7:15pm

When: Thursdays Fortnightly

Available to: 8+

Booking Required: For more information please contact Steve Lightfoot

Cost: FREE

Contact: Steve Lightfoot – 07789265618

No charge if outdoors

Disability Turn Up & Play Football Sessions (Youth)

Venue: Minister Hall Youth Club

Time: 4:30pm-5:30pm

When: Tuesdays

Available to: 8-13 Years

Booking Required: For more information, please contact Maggi Huckfield

Cost: Free

Contact: Maggi Huckfield @ Liberty - 07772749661

Keeping you up to date with your local activities

Disability Turn Up & Play Football Sessions (Female 16+)

Venue: Tamworth Youth Club

Time: 10:30am-11:30am

When: Saturdays

Available to: Females aged 16+

Booking Required: For more information, please contact Maggi Huckfield

Cost: Free

Contact: Maggi Huckfield @ Liberty - 07772749661

G-Force Trampoline Club

Venue: Friary Grange Leisure Centre

Time: Fridays: 5:00-6:00pm / 6:00-7:00pm / 7:00-8:00pm /
8:00pm-9:00pm

Age: Any age

Booking Required: To be added to the waiting list, please visit <http://gforcetgc.managemyclub.net/> and click 'Join waiting list'

Available to: Disability (Requirement to understand basic instruction)

Cost: Various (To be discussed upon booking)

Contact: Paul Coates (Head Coach) – 07809883235

NEWCASTLE

Keeping you up to date with your local activities

Trampolining

Multi-Sport Sessions offer the chance to try fun skills, games and activities with friends and families.

Venue: Chesterton Community Sports Centre

Time: 5:45pm-6:45pm

When: Tuesday and Fridays

Available to: 5-18 year olds.

Booking Required: Yes

Cost: £4.00

Contact: info@jump2itcoaching.co.uk / 07732 814510

Inspire Multi Sport Club

Multi-Sport Sessions offer the chance to try fun skills, games and activities with friends and families.

Provider: Sports Across Staffordshire& Stoke-on-Trent

Venue: Jubilee 2 Leisure Centre

Time: 1:00pm-3:00pm

When: Fortnightly Sundays

Available to: 5-18 year olds.

Each Multi sport Session is run by a qualified coach. This activity is suitable for young people with a wide variety of disabilities and support needs. If any child or young person has complex needs, please let us know so the Provider can contact you with additional information to make sure the activity is right. Parents / Carers and siblings are welcome to attend.

Disabled toilets and changing rooms are available.

Don't worry about capacity, Inspire Sessions can support a large number of children and young people, and are happy to take bookings at the last minute.

Cost: There will be a charge of **£2 per session** if this is an additional activity to your Aiming High Free Activity Offer.

Keeping you up to date with your local activities

Trampolining

Multi-Sport Sessions offer the chance to try fun skills, games and activities with friends and families.

Venue: The Wallace Sports Centre

Time: 300pm-3:45pm (Disabilities) 4.45pm – 5:45pm (Disability Spaces)

When: Thursdays

Available to: 5-18 year olds.

Booking Required: Yes

Cost: £4.00

Contact: info@jump2itcoaching.co.uk / 07732 814510

Ability Cricket

Venue: Newcastle and Hartshill Cricket Club

Stafford Avenue, Newcastle-under-Lyme, ST5 3BN

Time: 9:30am-11:00am

When: Saturday Fortnightly

Available to: 8+

Booking Required: For more information please contact Steve Lightfoot

Cost: FREE

Contact: Steve Lightfoot – 07789265618

Keeping you up to date with your local activities

Splash

Venue: Jubilee 2

Time: 6:00pm - 7:00pm

When: Wednesdays

Available to: All Ages

Cost: Normal Swim: £2.00 (Children) / £4.00 (adults)

Concessions - £3.00

Contact: Nicola Robinson - Nicky.Robinson@newcastle-staffs.gov.uk / 01782 616606

Adult Multi-Sports

Venue: Jubilee 2 Leisure Centre

Time: 2:00pm-3:00pm

When: Wednesdays

Available to: 18+

Booking Required: Yes

Cost: £3.60

Contact: Nicola Robinson - Nicky.Robinson@newcastle-staffs.gov.uk / 01782 616606

Keeping you up to date with your local activities

Keele University – Football Cerebral Palsy Sessions

Venue: Keele University

Time: 9:45am-11:30am

When: Sundays

Available to: 7+

Booking Required: Yes

Cost: £3.60

Contact: Carl Bennett – carl.bennett@stokecityfc.com

Michelin Leisure Centre – Football Sessions

Venue: Michelin Leisure Centre

Time: 5:30pm-6:30pm

When: Tuesdays

Available to: 8-16

Contact: Gemma Turner - gemma.turner@staffordshirefa.com

Keeping you up to date with your local activities

Chair Based Exercise

Venue: Jubilee 2

Time: 10:30am - 11:15am

When: Fridays

Available to: 18+

Cost: £3.80

Contact: Nicola Robinson - Nicky.Robinson@newcastle-staffs.gov.uk / 01782 616606

Our Space – Family Sessions

Venue: Our Space, The Brook Centre, Stanier Street, Newcastle-under-Lyme, ST5 2SU

Time: 1:30pm-4:00pm

When: Saturdays

Available to: Families

Contact: For booking info, contact Hannah Dean – office@ourpacestaffs.org.uk

Keeping you up to date with your local activities

Our Space - Juniors

Venue: Our Space, The Brook Centre, Stanier Street, Newcastle-under-Lyme, ST5 2SU

Time: 6:00pm-8:00pm

When: Tuesdays

Available to: Children aged 8-11 years old

Contact: For booking info, contact Hannah Dean – office@ourpacestaffs.org.uk

Our Space - Seniors

Venue: Our Space, The Brook Centre, Stanier Street, Newcastle-under-Lyme, ST5 2SU

Time: 6:00pm-8:00pm

When: Thursdays

Available to: Children aged 11-15 years old

Contact: For booking info, contact Hannah Dean – office@ourpacestaffs.org.uk

Keeping you up to date with your local activities

Our Space – Plus+

Venue: Our Space, The Brook Centre, Stanier Street, Newcastle-under-Lyme, ST5 2SU

Time: 6:30pm-9:00pm

When: Fridays

Available to: Young adults aged 15+

Contact: For booking info, contact Hannah Dean – office@ourspacestaffs.org.uk

Powerchair Football

Venue: Keele University Sports Centre, Keele Road, Keele, ST5 5BG

Time: 3:30pm-5:30pm

When: Saturdays

Available to: Open to all

Contact: jason.sgk@outlook.co.uk / 07805944462

TAMWORTH

Keeping you up to date with your local activities

Tamworth Unicorns Swimming

Venue: Wilnecote Leisure Centre

Time: 30 minutes session – Starting from 2:00pm – 5:30pm

When: Fortnightly Saturdays

Age: 3+

Booking Required: Yes

Cost: Contact Joy Northcote regarding cost

Contact: Joy Northcote - joy.northcote@btinternet.com / 01827 713630

Inspire Multi Sport Club

Multi-Sport Sessions offer the chance to try fun skills, games and activities with friends and families.

Provider: Sports Across Staffordshire& Stoke-on-Trent

Venue: Wilnecote Leisure Centre

Time: 3:00pm-5:00pm

When: Fortnightly Saturdays

Available to: 5-18 year olds.

Each Multi sport Session is run by a qualified coach. This activity is suitable for young people with a wide variety of disabilities and support needs. If any child or young person has complex needs, please let us know so the Provider can contact you with additional information to make sure the activity is right. Parents / Carers and siblings are welcome to attend.

Disabled toilets and changing rooms are available.

Don't worry about capacity, Inspire Sessions can support a large number of children and young people, and are happy to take bookings at the last minute.

Cost: There will be a charge of **£2 per session** if this is an additional activity to your Aiming High Free Activity Offer.

Keeping you up to date with your local activities

G-Force Trampoline Club

Venue: Wilnecote Community Leisure Centre

Time: Mondays: 5:30-6:30pm / 6:30-7:30pm

Wednesdays: 5:30-6:30pm / 6:30-7:30pm / 7:30-8:30pm

Age: Any age

Booking Required: To be added to the waiting list, please visit <http://gforcetgc.managemyclub.net/> and click 'Join waiting list'

Available to: Disability (Requirement to understand basic instruction)

Cost: Various (To be discussed upon booking)

Contact: Paul Coates (Head Coach) – 07809883235

Wilnecote Unicorns Disability F.C.

Venue: Wilnecote Community Leisure Centre

Time: 5pm-6pm & 6pm-7pm

When: Tuesdays

Age: 14 & over

Booking Required: Contact Mike Stevenson for booking info

Cost: £3.00 per week or £25.00 for a 10 week block

Contact: Mike Stevenson – 01827 831 333 or mstevenson@wilnecotehighschool.org

SOUTH STAFFS

Keeping you up to date with your local activities

Wombourne Leisure Centre - Swimming Sessions

Venue: Wombourne Leisure Centre

Time: 12:00pm – 1:00pm

When: Sundays

Available to: All Ages

Contact: l.wiggins@sstaffs.gov.uk

Codsall Leisure Centre - Swimming Sessions

Venue: Codsall Leisure Centre

Time: 5:30pm – 6:30pm

When: Mondays

Available to: 8-16

Contact: Gemma Turner - gemma.turner@staffordshirefa.com

Keeping you up to date with your local activities

The Range @ Essington – Golf

The Golf Academy currently have no regular sessions running at this venue but sessions can be organised upon request. Please contact Craig Thomas to request a session.

Venue: The Range, Wood Farm, Broad Lane, Essington, Nr Wolverhampton, WV11 2RJ

Contact: Craig Thomas – info@thegolfacademy.co.uk / 07973768483

STOKE-ON-TRENT

Keeping you up to date with your local activities

Stoke Spitfires Wheelchair Basketball

Venue: YMCA

When: Sundays

Time: 1:30pm – 4:30pm

Available to:

Cost: Weekly Fee – yes

Contact: Alison Flower – alisonflower21@yahoo.co.uk / 01782 769197

Stoke City Academy Dome - Football

Venue: Stoke City Academy Dome

When: Sundays

Time: 7:00pm – 8:00pm

Ages: 16+

Contact: Carl Benett – carl.bennett@stokecityfc.com

Keeping you up to date with your local activities

Stoke City Academy Dome - Football

Venue: Stoke City Academy Dome

When: Sundays

Time: 6:00pm –7:00pm

Ages: U16s

Contact: Carl Bennett – carl.bennett@stokecityfc.com

Disability Doorstep Sport Club

Venue: Fenton Manor

When: Wednesdays

Time: 5:30pm –7:00pm

Ages: 10-21

Booking Required: No booking required - Participants will need to fill out a registration form on their first session i.e. address, name, D.O.B, Known disability , Ethnicity and if under 16 will need Parent/guardian signature.

Cost: FREE

Contact: Dom Corcoran: dom.corcoran@stoke.gov.uk / 01782 236931 / 07960641740

Keeping you up to date with your local activities

Walking Cricket

Venue: Excel Academy

When: Mondays

Time: 6:00pm –7:30pm

Ages: 55+

Contact: Steve Lightfoot – s.lightfoot@staffordshirecricket.co.uk or 07789265618

Disability Doorstep Sport Club

Venue: Fenton Manor

When: Wednesdays

Time: 5:30pm –7:00pm

Ages: 10-21

Booking Required: No booking required - Participants will need to fill out a registration form on their first session i.e. address, name, D.O.B, Known disability , Ethnicity and if under 16 will need Parent/guardian signature.

Cost: FREE

Contact: Dom Corcoran: dom.corcoran@stoke.gov.uk / 01782 236931 / 07960641740

STAFFS MOORLANDS

Keeping you up to date with your local activities

Disability Multi Sports

Venue: Brough Park Leisure Centre

Time: 11:00am – 12:00noon

When: Thursdays

Cost: £2.50 per session (£8.00 for 4 weeks)

Available to: All ages

Contact: Sarah Gilman - sarah.gilman@parkwood-communityleisure.co.uk / 01538 373603

Walking

Venue: Brough Park Leisure Centre

When: Wednesdays

Time: 13:30am –14:30pm

Ages: All

Price: FREE (Tea and Coffee Included)

Booking Required: No

Contact: Sarah Gilman - sarah.gilman@parkwood-communityleisure.co.uk / 01538 373603

Keeping you up to date with your local activities

Disability Multi Sports

Venue: Brough Park Leisure Centre

When: Tuesdays

Time: 13:30am –14:30pm

Ages: 16+

Price: £2.50 (£8 for 4 weeks)

Booking Required: No

Contact: Sarah Gilman - sarah.gilman@parkwood-communityleisure.co.uk / 01538 373603